



Dog Before Bed Checklist

For a Calm, Restful Night

<input type="checkbox"/>	Final potty break Keep it calm and low-key
<input type="checkbox"/>	Gentle wind-down time Quiet pets or light brushing
<input type="checkbox"/>	Start your bedtime cue Music, lights, or your sleep phrase
<input type="checkbox"/>	Optional calming lick treat Yogurt or pumpkin in a slow feeder
<input type="checkbox"/>	Tuck in & lights down Guide to their sleep space